



JCC Pool Schedule: May 1, 2012 - June 24, 2012

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
6:00 AM		6:00 AM		6:00 AM		6:00 AM		6:00 AM		6:00 AM										
6:30 AM		6:30 AM		6:30 AM		6:30 AM		6:30 AM		6:30 AM										
7:00 AM	Health Club Adult Members Only	7:00 AM	Adults Only	7:00 AM	Adults Only	7:00 AM	Adults Only	7:00 AM	Adults Only	7:00 AM	Adults Only	Adults Only 7:00 - 9:00								
7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM		7:30 AM										
8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM		8:00 AM										
8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM		8:30 AM										
9:00 AM		9:00 AM		9:00 AM		9:00 AM		9:00 AM		9:00 AM										
9:30 AM	Birthday Parties, Group Lessons, Open Swim, Laps	9:30 AM	Aquacize, Laps Only	9:30 AM	ECD Swim Lessons, Laps	9:30 AM	ECD Swim Lessons, Laps	9:30 AM	Aquacize, Laps Only	9:30 AM	Open Swim, Laps	Birthday Parties, Swim Lessons, Open Swim, & Laps till 4:45pm								
10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM										
10:30 AM		10:30 AM		10:30 AM		10:30 AM		10:30 AM		10:30 AM										
11:00 AM		11:00 AM	Open, Laps	11:00 AM	Open Swim, Laps	11:00 AM	Open, Laps	11:00 AM	Open, Laps	11:00 AM										
11:30 AM		11:30 AM	Master Swim, Rehab, Laps	11:30 AM	Rehab, Laps	11:30 AM	Master Swim, Rehab, Laps	11:30 AM	Rehab, Laps	11:30 AM			Adults Only							
12:00 PM	Swim Team Only Oct.-March	12:00 PM	Open Swim, Laps	Swim Lessons, Open Swim, Laps	Pre-School Swim, Laps	Open Swim, Laps	Open Swim, Laps	Rehab, Laps	Open Swim, Laps	Swim Lessons, Open Swim, Laps	Swim Lessons, Open Swim, Laps	Swim Lessons, Open Swim, Laps till 6:45pm								
12:30 PM		12:30 PM											12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM
1:00 PM		1:00 PM											1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM
1:30 PM		1:30 PM											1:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM
2:00 PM		2:00 PM											2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM
2:30 PM	Open Swim, Laps	2:30 PM	Rehab, Open Swim, Laps	AquaSize, Laps Only Swim	Kids Connection, Lessons, Laps	4:45-7:45pm Swim Team Only 4/30-6/22	4:45-7:45pm Swim Team Only 4/30-6/22	Rehab, Laps	Group Lessons, Open Swim, Laps	Rehab, Laps	Kids Connection, Swim Team, Laps	Swim Lessons, Open Swim, Laps till 6:45pm								
3:00 PM		3:00 PM	3:00 PM										3:00 PM	3:00 PM	3:00 PM	3:00 PM	3:00 PM	3:00 PM		
3:30 PM		3:30 PM	3:30 PM										3:30 PM	3:30 PM	3:30 PM	3:30 PM	3:30 PM	3:30 PM	3:30 PM	
4:00 PM		4:00 PM	4:00 PM										4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	
4:30 PM		4:30 PM	4:30 PM										4:30 PM	4:30 PM	4:30 PM	4:30 PM	4:30 PM	4:30 PM	4:30 PM	
5:00 PM	JCC Dolphins	5:00 PM	6pm- 7:30pm Swim Team & Laps 4/30-6/22	AquaSize, Laps Only Swim	Kids Connection, Lessons, Laps	4:45-7:45pm Swim Team Only 4/30-6/22	4:45-7:45pm Swim Team Only 4/30-6/22	Rehab, Laps	Group Lessons, Open Swim, Laps	Rehab, Laps	Kids Connection, Swim Team, Laps	Swim Lessons, Open Swim, Laps till 6:45pm								
5:30 PM		5:30 PM											5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM	
6:00 PM		6:00 PM											6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM
6:30 PM		6:30 PM											6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM
7:00 PM		7:00 PM											7:00 PM	7:00 PM	7:00 PM	7:00 PM	7:00 PM	7:00 PM	7:00 PM	7:00 PM
7:30 PM	JCC Dolphins	7:30 PM	6pm- 7:30pm Swim Team & Laps 4/30-6/22	AquaSize, Laps Only Swim	Kids Connection, Lessons, Laps	4:45-7:45pm Swim Team Only 4/30-6/22	4:45-7:45pm Swim Team Only 4/30-6/22	Rehab, Laps	Group Lessons, Open Swim, Laps	Rehab, Laps	Kids Connection, Swim Team, Laps	Swim Lessons, Open Swim, Laps till 6:45pm								
8:00 PM		8:00 PM											8:00 PM	8:00 PM	8:00 PM	8:00 PM	8:00 PM	8:00 PM	8:00 PM	
8:30 PM		8:30 PM											8:30 PM	8:30 PM	8:30 PM	8:30 PM	8:30 PM	8:30 PM	8:30 PM	8:30 PM
8:45 PM													8:45 PM		8:45 PM		8:45 PM		8:45 PM	

NOTE: Lifeguards are authorized to arrange lap lanes, enforce rules and move swimmers as the Lifeguard sees fit.

No lifeguard on duty between the hours of 12 - 3:PM Mon - Fri - No children under 14 allowed.

This schedule is flexible, and subject to change, based on the needs of the JCC on any particular day.

Any concerns, compliments or complaints should be addressed to Alison Lurie, Program Director, at 372-6567, ext. 128 or Alisonlurie@jccs.org